



## Dr. Dhrumil M. Patel (M.S.Ortho)

SPORTS MEDICINE – ARTHROSCOPY,  
JOINT REPLACEMENT SURGEON

### FELLOW :

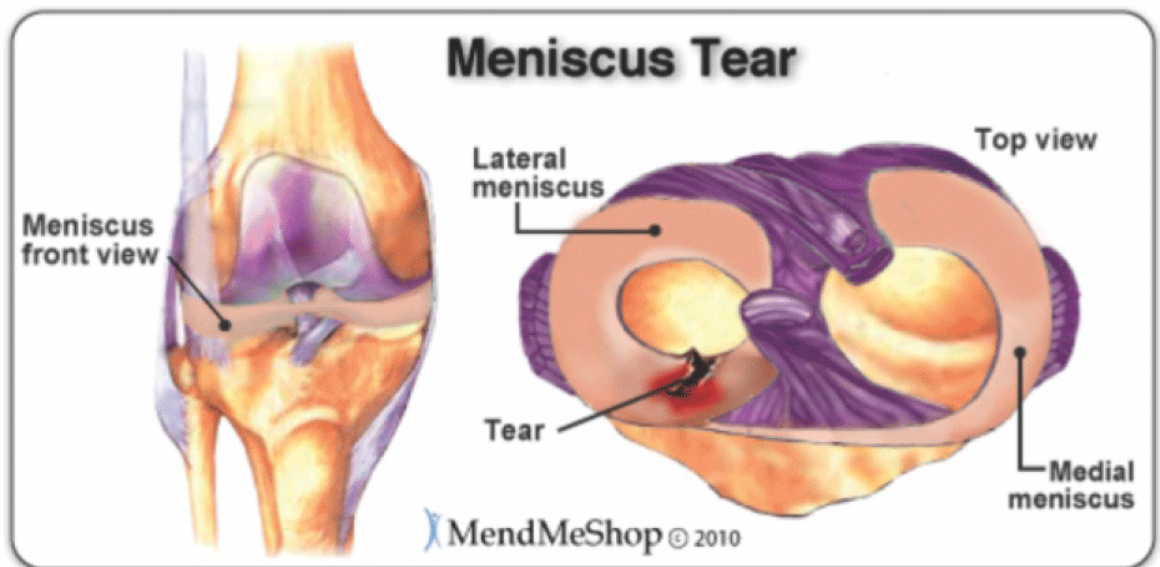
SPORTS MEDICINE (SARASOTA, U.S.A.)  
SHOULDER JOINT (U.S.A. & PUNE –DMH)  
HIP JOINT (KHU., SEOUL, S. KOREA)  
KNEE JOINT (MUNICH, GERMANY)  
FOOT & ANKLE JOINT (LONDON, U.K.)



# MENISCUS TEARS

## Meniscus Tears

- Athlete injury or twisting knee injury results in meniscus tear

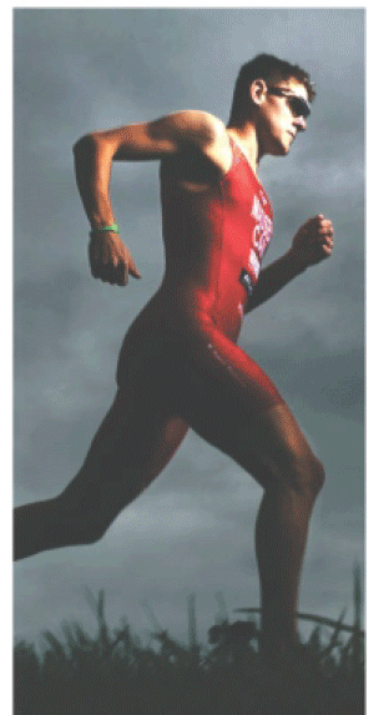


## Description:

- Type: ·Longitudinal  
·Radial  
·Flap / horizontal  
·Bucket-handle  
·Degenerative

## Symptoms:

- Pain
- Stiffness, swelling
- Clicking, catching, locking
- Decrease range of motion





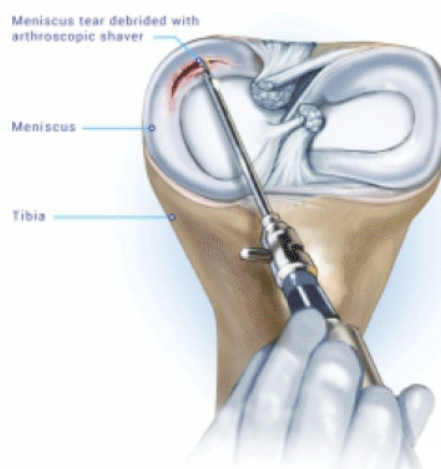
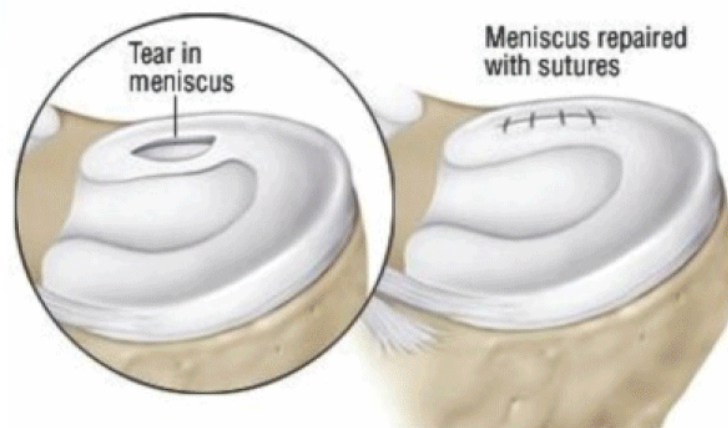
## MENISCUS TEARS

### Imaging:

- X-ray – decreased joint space
- MRI – type and location of meniscus tear

### Treatment:

- **Non-surgical:**
  - Ice therapy
  - NSAIDs
- **Surgical:**
  - Arthroscopic meniscus repair
  - Arthroscopic meniscus resection



## NAVRANG HOSPITAL

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Website : www.navranghospital.com

**FOR APPOINTMENT 98796 17609**

**FOR EMERGENCY 96876 17608**

Mediclam Cashless facilities available.

C.B.D.T. approved Hospital {Income Tax-1961-17(2)(B)}

**For Mediclam Filing :**

Tuesday to Friday ( 1.00 p.m. to 5.00 p.m.)

**EMERGENCY SERVICES 24 HOURS**

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**OPD Timing :**

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Saturday Evening & Sunday O.P.D Closed.