



Dr. Dhrumil M. Patel (M.S.Ortho)

SPORTS MEDICINE – ARTHROSCOPY,
JOINT REPLACEMENT SURGEON

FELLOW :

SPORTS MEDICINE (SARASOTA, U.S.A.)

SHOULDER JOINT (U.S.A. & PUNE –DMH)

HIP JOINT (KHU., SEOUL, S. KOREA)

KNEE JOINT (MUNICH, GERMANY)

FOOT & ANKLE JOINT (LONDON, U.K.)

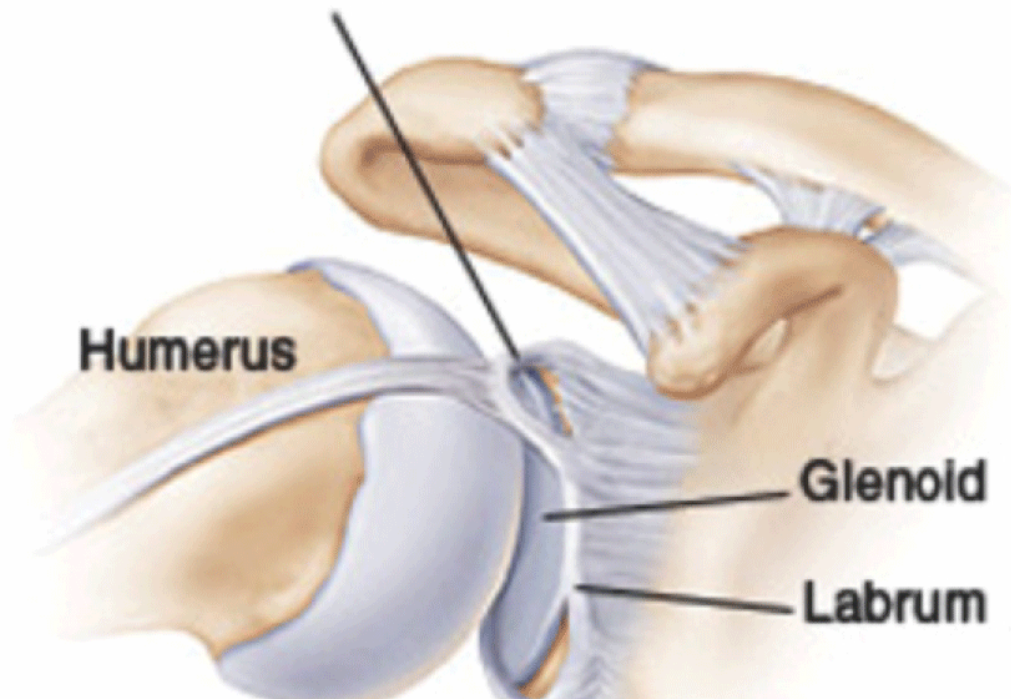


SLAP TEAR

Slap Tear

- A tear in the labrum of the shoulder joint near the biceps tendon attachment

SLAP Tear



Description:

- SLAP = Superior Labrum Anterior and Posterior
- Occurs in the superior area of the labrum, can also involve the biceps tendon

Cause:

- Motor vehicle accident
- Fall on out-stretched hand
- Forceful pulling on the arm above the shoulder
- Shoulder dislocation
- Overhead throwing athletes or weight lifters



SLAP TEAR



Symptoms:

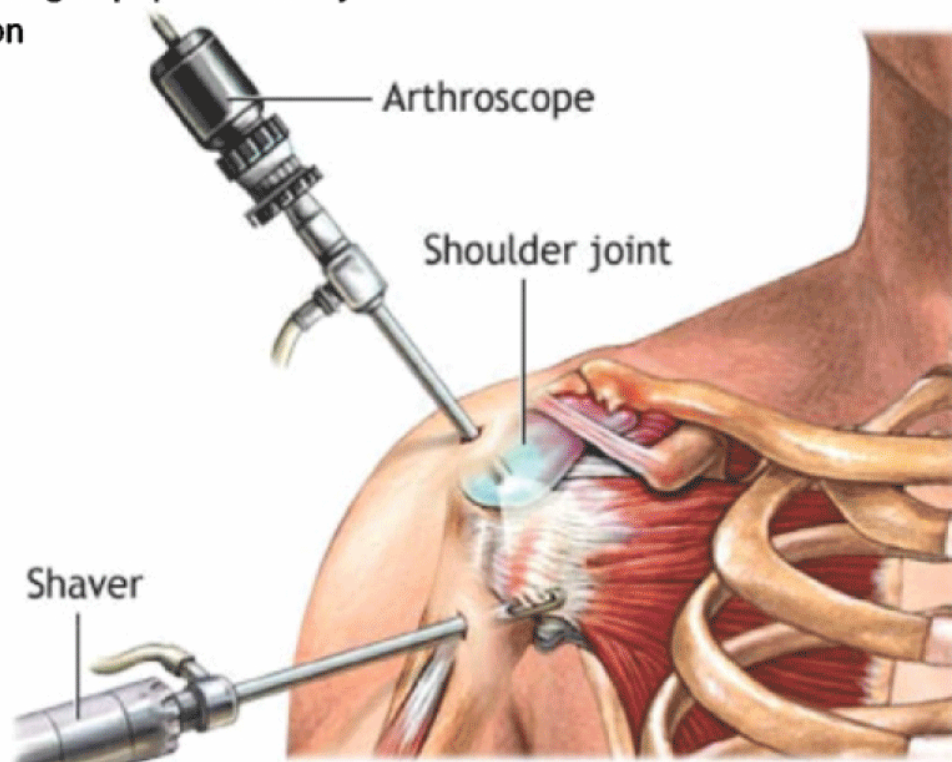
- Sensation of locking / catching / popping / grinding
- Pain with lifting object overhead
- Decrease in shoulder strength
- A feeling that the shoulder is going to pop out of the joint
- Decreased range of mobilization

Imaging:

- X-Ray, USG, MRI

Treatment:

- **Non-surgical-**
 - NSAIDs
 - Physical therapy
- **Surgical treatment-**
 - Arthroscopic SLAP repair



NAVRANG HOSPITAL

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FOR APPOINTMENT 98796 17609

FOR EMERGENCY 96876 17608

Mediclaim Cashless facilities available.

C.B.D.T. approved Hospital (Income Tax-1961-17(2)(B))

For Mediclaim Filing :

Tuesday to Friday (1.00 p.m. to 5.00 p.m.)

EMERGENCY SERVICES 24 HOURS

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OPD Timing :

Morning: 11-00 to 2-00, Evening: 5-00 to 7-00,
Saturday Evening & Sunday O.P.D Closed.